

Snow Camping Essentials

The best way to keep warm is to dress in layers. Bring one set of clothes/gloves for snow play and another dry set for evening and sleeping. We will melt snow for water.

Upper Body

- Long underwear top (100% synthetic – No cotton)
- Class B t-shirt or synthetic t-shirt
- Fleece pullover, heavy sweatshirt, or wool sweater
- Heavy jacket
- Hat / beanie: Wool or synthetic... should cover ears
- Gloves (ideally with liners) or mittens
- Disposable heat packs for feet and hands
- Sunglasses or ski goggles, especially if the day is bright

Lower Body

- Long underwear bottom (100% synthetic - No cotton)
- Zip-offs or sweat pants (polyester or nylon)
- Snow pants (No jeans; they are made of cotton and will absorb water)
- Thin socks (silk or synthetic) to be worn underneath the thick sock
- Thick socks – wool or synthetic
- Waterproof snow boots
- Waterproof hiking boots are good but don't retain as much heat. Snow seal leather boots before trip

Sleeping

- Ground cloth
- One or two sleeping pads (foam, Thermarests, etc.)
- Sleeping bag that will be comfortable in cold temperatures

Miscellaneous

- Snow shovel (small)
- Water bottles – wide-mouth Nalgene-types are best (No bladders as they tend to freeze)